

Shiawassee Family YMCA

Gym Schedule

Mar-10

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Open Gym 5:00-7:00	Open Gym 5:00-11:15	Open Gym 5:00-7:00	Open Gym 5:00-11:15	Open Gym 5:00-7:00	Open Gym 7:30-8:30
Church Group 8:00-12:00	Aerobics 7:00-9:00		Aerobics 7:00-9:00		Aerobics 7:00-8:00	Youth Sports 8:30-11:15 3/6 only
	Open Gym 9:00-10:45		Open Gym 9:00-10:45		Open Gym 8:00-9:15	Youth Sports 9:45-12:15
	Aerobics 10:45-11:45	Open Gym 11:15-5:00	Aerobics 10:45-11:45	Open Gym 11:15-5:45	Aerobics 9:15-10:45	3/20 & 3/27
Open gym 12:00-2:45	Open Gym 11:45-5:45		Open Gym 11:45-8:00		Open Gym 10:45-6:30	Elem/MS 12:15-2:00
						MS/HS 2:00-4:00
Mens Basketball 2:45-6:00		Youth Sports 5:00-7:00		Youth Sports 5:45-8:00		Open Gym 4:00-8:00
		Sports Leagues 7:00-10:00			Family Gym 6:30-8:00	
	Volleyball 5:45-10:00		Adult Gym 8:00-10:00	Adult Gym 8:00-10:00	Open Gym 8:00-9:00	

Gym Schedule: Subject to Change

Friday; March 5 Youth Basketball: 6:00 to 7:30 pm

Saturday, March 13 Open Gym; 7:30 am to 12 noon

Wednesday, March 17; Sports League; 6:45 to 8:00 pm

Friday, March 19: Family Fun Night: 6:00 to 8:00 pm



We build strong kids, strong families, strong communities