

Snack Sign Up List

TEAM: _____

Game 1

Game 2

Game 3

Date: _____

Time: _____

Name: _____

Phone: _____

Game 4

Game 5

Game 6

Date: _____

Time: _____

Name: _____

Phone: _____

Each parent will sign up for a game in which they will provide a small nutritious snack/drink for each player on the team. No one is required to sign up for more than one date, but it may be necessary in order to have every game covered. Some suggestions are listed below. We ask that every snack be individually wrapped.

Healthy Snack Ideas:

- Yogurt (tubes)
- Fruit or fruit cups
- String cheese
- Cheese crackers
- Granola Bars
- Graham crackers
- Animal crackers
- Goldfish
- Pretzels
- Fruit Bars

